



Jotun's new children's colour palette includes Ice Turquoise

COLOUR SCHEMES

Interior designer Arianne Kamyab explains how the introduction of colour can transform your child's environment...

"Little ones are most definitely some of my most discerning clients, and there's nothing more uplifting than to take their lead on imagination. Rule number one: limit neutrals. However large or small the space, the essential question to ask is, 'how to arrive at the perfect palate?' My instant recommendation is to opt for a bold colour that is a clear reflection of your child's ethos and personality. This should cover one accent wall while you choose a gentler corresponding hue for the adjacent walls. Children of any age require an element of variation to allow them to fully engage and explore their inner creativity. I would then layer shades of this 'bold' colour to add volume to the space using furniture and accessories. One of my favourite magic tricks is to take an antique piece and drench it in the colour of choice. Take a towering Victorian chest of drawers, for instance; I'm sure a five-year-old superhero who loves to hide his wildly precious clutter in secret nooks and crannies would approve of your choice to revive it in the beautiful Ice Turquoise paint by Jotun. I also like to cosy up to plump cushions, along with other linens that add texture to a room; these can be plain or patterned in themed favourites, as well as a contrasting colour. If the space allows, why not add a small architectural touch by creating a colour block with steps where he or she can shine and improvise their many talents in the performing arts, undoubtedly a perfect play-date accessory in any playroom or child's bedroom."

Interiorsbyarianne.com

Registration has opened for The Emirates Airline Festival of Literature's annual student competitions for 2016, and youngsters aged 8-18 around the region are invited to indulge their love of reading and writing with the much celebrated Hamdan bin Mohammed Heritage Center Qasidah par Coeur performance poetry competition, now in its third year. The Festival works with the Knowledge and Human Development Authority (KHDA), too. Emirateslitfest.com

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SWEET DREAMS

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